**2023-2024 Local Wellness Committee**

**Meeting Minutes**

**Wednesday, May 8, 2024, 11:00 a.m. – 12:00 p.m.**

**Aslin Training Room**

**Committee Members in attending in person:** Bridget Lolli, Laina Fullum, Robin Gammon, Sarah Buckallew, Dana Jones, Kelly George, Heather McArthur, Leigh Neier, Tracy Grant, David Egan, Kim Goforth, and Jeanne Snodgrass.

**Committee Members attending online:** Billy Polansky, Molly Stebbins, Amber Kapila, Angela Eldridge, Stephanie Wightman.

**Call to Order**

**Old/Unfinished Business**

* Welcome New Member
  + Tracy Grant, CPS Home School Communicator
* Refresher on Mission and Vision Statements – Bridget reviewed the mission and vision developed at last meeting.
* Data
  + Update on the Absence and Sub Fill Rate Data – Bridget received new/updated data. Data includes teachers and support roles. Absences and subs have improved but still high. The data is broken down my month for teachers and then by month for support staff.

Sub fill rates were also recalculated. They stayed somewhat level this year. Teacher rates get filled 70-80%. Low sub fill rate for support staff.

**New Business**

* Triennial Assessment – Bridget provided background about the policy requirements. Assessment has to be completed every three years.
  + Policy – Bridget reviewed policy. Used WellSAT 3.0 for assessment on the language of the policy– Merideth Fiore is typing up an updated policy and working with MSBA and we hope to bring to the policy committee in May.
* School Health Index –
  + 78% percent of schools completed it. No schools in risk zone.
  + Bridget averaged schools. If schools scored less than 2 on a questions, then it is in red.
  + Bridget plans to follow up with schools that have more “at risk” scores. The scores help drive goals for next year.
  + Discussed strengths and weaknesses revealed by SHI
  + Align health and wellness goals with CSIP for ’24-’25 school year
* Wellness Committee Values

**Action Items**

**-’24-’25 wellness committee goals**

**1. Community Involvement**

**2. Family Engagement**

**3. Employee Wellness**

**Ideas:**

* **Incorporating more movement breaks into class time.**
* **More education on vaping prevention for counselors, bring in more speakers**
* **Improve communication on employee wellness initiatives so employees are aware of all benefits offered**
* **Establish building wellness committees**
* **Walking School Bus – expensive, needs funding.**
* **Fleet Feet partnership?**
* **Ideas to increase sports participations - Club or intramural sports or partnership with Rec Center? Continue working with Day Dream Foundation.**
* **Add Health Department Health Educator to committee for next year.**
* **Bridget reporting to senior leaders at the beginning of school year.**

**Can’t make it in person? Join Zoom link**

<https://cpsk12.zoom.us/j/3455623585?omn=95571383889>

**Meeting ID: 345 562 3585**

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